Dear Brothers and Sisters,

Late December 2020 we had 30 individuals presented to many Matching Supporters across the world.

I wanted to let you know what I observed as I was preparing the presentation. Some of the pictures needed serious improvement. It is important that among the 3 or 4 pictures that you are putting in your profile, one be well done, **the Head and Shoulder picture.** Because we need such a picture when we present you to the Matching Supporters.

<u>Think of it that way:</u> We want a picture of you that could be presented to True Father or True Mother, just like we use to do. The kind of picture that you would include in an important professional resume.

I have a few examples for you below. The pictures listed are not from candidates, they are stock pictures from the internet.

What NOT to do:









- looking sideways
- Smirking expression
- No hat and No big smile, but light smile OK
- Hair well done please

The size of one megabyte is good enough, smaller is not good and bigger takes forever to upload when trying to show you. 5MB should be the max.

Example of good H&S picture





- Look straight at the camera
- Hair well done and not hiding your face
- Light smile OK
- No powerful background to distract

Thank you, love you everyone